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# Model based design of controlled release drug delivery systems

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### Why we need controlled drug delivery?

#### Limitations of conventional delivery

- Low bio-availability
- Frequent dosage leading to poor patient compliance
- Steady state concentration unattainable

#### Advantages of controlled drug delivery

- Maintains therapeutic drug level for prolonged periods of time
- Achieves predictable release rates
- Reduces dosing frequency and increase patient compliance
- Deploys to a target site and thus limits side effects

Novel drug vehicles are being developed to achieve this target.



Time (Days)

#### **Controlled Drug Delivery Systems**

- Polymer Hydrogels
- Environment responsive hydrogel (pH, Glucose, Temperature)
- Polymer particles (Chitosan, PLGA (Poly (Lactic-co-Glycolic Acid))
- Inorganic nanoparticles (Silica, Gold)
- Micro needles, Carbon nanotubes
- Vesicular systems: Liposomes, Solid Lipid Nanoparticles
- Micro-emulsions, Nano-emulsions
- These drug carriers along with new potential routes of drug administration (Transdermal, Subcutaneous, Ocular) are being utilized to achieve controlled and targeted drug delivery

# Biodegradable polymers as potential DDS

- Biodegradable polymer degrades into smaller biocompatible compounds and ultimately to CO<sub>2</sub>, N<sub>2</sub> and H<sub>2</sub>O
- This property allows synthesis of drug loaded polymer particles that can protect and thus release drug over extended period of time in vivo
- E.g. PLGA (Poly(lactic-co-glycolic Acid), Polyanhydride, Polycaprolactone



Polymer degradation (Hydrolysis)

#### Typical Drug Release Profile



Duvvuri S. et al., Pharm Res, 2006, 23(1). 215-223

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# Schematic of phenomena involved during drug release



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#### Ideal drug release kinetics



What should be the specifications of a biodegradable particle to achieve a desired release profile?

### Aim of this work

• Develop a mathematical model for controlled delivery of drugs with polymer particles as carrier



The model can thus help us reduce time, efforts and expenses by minimizing the requirement for design experiments.

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#### **Mathematical Model**

Diffusive Drug Release (Fick's Law)

$$\frac{\partial C_A}{\partial t} = \nabla \left( D_{eff} \nabla C_A \right) \qquad D_{eff} = D\varepsilon(t)$$

\*\*

Polymer Matrix Degradation (Pore Formation)

$$\varepsilon(t) = \frac{1}{2} \left[ erf\left(\frac{t - \bar{\tau}}{\sqrt{2\sigma^2}}\right) + 1 \right]$$

 $\varepsilon(t)$  is porosity of the polymer matrix.  $\overline{\tau}$  is the mean time for pore formation.  $\sigma^2$  is the variance in time required to form pores.

#### **Estimation of Degradation Parameters**

- Degradation rate constant for the two phases was calculated by fitting  $M_w = M_{w0} \exp(-k_i t)$
- $\tau_i$  was calculated using equation  $\tau_i = \frac{-1}{k_i} \ln \left| \frac{M w_r}{M w_0} \right|$
- $\bar{\tau} = \frac{\sum_i \tau_i}{n}$ ; where, *i* = number of phases considered
- The variance,  $\sigma^2$ , was calculated for this  $\tau_i$  distribution

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#### **Estimation of Parameters**

- Particle Radius (R<sub>p</sub>) can be calculated by Particle Size Analyzer (DLS, SEM)
- Occlusion Size (R<sub>occ</sub>) can be calculated by averaging the sizes of randomly selected occlusions, from Scanning Electron Microscope (SEM)

$$R_{occ} = \frac{\sum_{i} R_{occ_i}}{n}$$







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N. Faisant et. al, Eur J Pharm Sci,2002, 15(4), 355-366D. Klose et. Al, Int J Pharm, 2006, 314(2), 198-206.

### **COMSOL** Implementation

- A Spherical matrix is considered with radius R<sub>p</sub> loaded uniformly with drug at concentration, C<sub>A0</sub>
- Due to spherical symmetry, the problem was solved in 1D
- Two subdomain are considered, so drug flow is either pore mediated or freeflowing
- Physics used: Transport of Diluted
   Species (chds)
- $\varepsilon(t)$  was defined as a variable to calculate porosity of the matrix
- A function  $F(t) = 1 V^{-1} \int \left(\frac{C_A}{C_{A_0}}\right) dV$

was defined to calculate cumulative drug release

$$D_{eff} = D \cdot \varepsilon \qquad D_{eff} = D$$

$$r = 0 \qquad r = R_p - R_{occ} \qquad r = R_p$$

#### **Boundary Conditions**

Position	Condition
r = 0	dC <sub>A</sub> /dr = 0
$r = R_p$	C <sub>A</sub> = 0

#### **Model Validation**



### Optimizing the Design of Microparticles



We performed a large number of simulations and developed empirical models for two critical properties of release kinetics

Dependency of Initial burst on Occlusion and particle size:

*Initial Burst* = 
$$-5.06 \left( 1 - \frac{R_{occ}}{R_p} \right)^6 + 3.97 \left( 1 - \frac{R_{occ}}{R_p} \right)^3$$

Dependency of Lag Period on  $\tau$  and  $\sigma^2$ :

*Lag Period* (*d*) =  $0.92\tau - 0.36\sigma^2$ 

These models give us a good initial guess of the specifications of a polymer particle required to achieve desired release profile

## Optimizing Drug Release using Polymer Blends



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### Summary

- A model to study drug release from biodegradable polymer was implemented in COMSOL
- The model was validated with relevant experimental data
- Simplified models were derived for initial burst and lag phase from simulation data obtained using the rigorous model
- These models were used to find specifications of a polymer particle required to achieve zero order release of insulin

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## Thank You

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